



Weekly Shopping

Tesco / M&S** / Exmouth Town Centre - £8

Mondays – Pick-up from 9:30am

Exmouth, Exton, Lymstone, Woodbury & Woodbury Salterton

Fridays – Pick-up from 9:30am

Budleigh, Colaton Raleigh, East Budleigh Newton Poppleford, Otterton, Yettington



October



Where: Tea & Cake with a Pony followed by lunch at Greendales - £15

When: **Tues 3rd** - first pick-up time: 9:30am

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Where: Coffee at Powderham & lunch at the Smugglers Inn, Dawlish - £15

When: **Thurs 5<sup>th</sup>** - first pick-up time: 9:30am

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Where: Budleigh Golf club then onto the White Hart, Woodbury for lunch - £15

When: **Tues 10th** – first pick-up time: 09:30am

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Where: Fresha for coffee then lunch at the Heathfield Inn - £15

When: **Weds 11<sup>th</sup>** – first pick-up time: 09:30am

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Where: Ocean for Coffee followed by lunch at the White Horse - £15

When: **Thurs 12th** – first pick-up time: 09:30am

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Where: Coffee and shop at Sainsbury's Exeter - £12

When: **Tues 17<sup>th</sup>** - first pick-up time: 9:30am

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Where: The Steamer, Cullompton then lunch at Waterloo Cross - £15

When: **Thurs 19th** - first pick-up time: 9:30am

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Where: Coffee stop at Escot then shopping at Aldi, Pinhoe - £15

When: **Tues 24<sup>th</sup>** - first pick-up time: 9:30am

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Where: Coffee at St Bridget's then onto Tom Cobley - £15

When: **Weds 25th** – first pick-up time: 09:30am

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Where: Abys Exmouth for coffee followed by lunch at the Brewers Fayre - £15

When: **Thurs 26<sup>th</sup>** - first pick-up time: 9:30am

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Where: Coffee stop at Nancy Potter then onto the Merry Harriers for Lunch - £15

When: **Tues 31st** - first pick-up time: 9:30am



NOVEMBER



Where: Coffee and shop at Morrison's, Exeter - £12 – Pick-up 9:30am

OR Afternoon tea at the Grange Court Hotel - £12 – **Pick-up 12:30pm**

When: **Weds 1st**

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Where: Teignmouth Golf Club for coffee & lunch at Mount Pleasant - £15

When: **Thurs 2<sup>nd</sup>** - first pick-up time: 9:30am

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Where: Coffee stop at Greendales then lunch at the Twisted Oak - £15

When: **Tues 7th** – first pick-up time: 09:30am

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Where: Coffee at Bernaville & lunch at Imperial Hotel, Exeter - £15

When: **Weds 8<sup>th</sup>** – first pick-up time: 09:30am

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Where: Coffee at the Pavilion then lunch at the Kings Arms Otterton - £15

When: **Thurs 9th** - first pick-up time: 9:30am

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Where: Dunelm for Coffee/Shop then lunch at the Seven Stars, Exeter - £15

When: **Tues 14<sup>th</sup>** - first pick-up time: 9:30am

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Where: The Belmont Hotel for coffee & lunch at the Hare & Hounds - £15

When: **Thurs 16th** - first pick-up time: 9:30am

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Where: Coffee/lunch/shop at Otter Nursery - £15 – Pick-up 9:30am

**OR** Coffee/Shop at Kings/Waitrose, Sidmouth - £12 – **Pick-up 12:30pm**

When: **Tues 21<sup>st</sup>**

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Where: Haldon Forest Diner followed by lunch at Brookside - £15

When: **Weds 22nd** – first pick-up time: 09:30am

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Where: Budleigh Golf Club for Coffee then to the Saddlers for lunch - £15

When: **Thurs 23<sup>rd</sup>** – first pick-up time: 9:30am

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Where: Coffee stop at Fresha then onto Tom Cobley - £15

When: **Weds 29th** – first pick-up time: 9:30am

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Where: Haldon Grill for coffee followed by lunch at the Ten Tors - £15

When: **Thurs 30<sup>th</sup>** – first pick-up time: 09:30am





# DECEMBER



Where: Budleigh Golf Club for coffee then lunch at the Half Moon - £15  
When: **Tues 5<sup>th</sup>** - first pick-up time: 9:30am (*Xmas menu only*)

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Where: Coffee at Abys then **Christmas lunch*** at Exminster Golf Club - £15
When: **Thurs 7th** - first pick-up time: 9:30am

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Where: Fresha for coffee then **Christmas lunch\*** at Tom Cobley - £15  
When: **Weds 13<sup>th</sup>** - first pick-up time: 09:30am

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Where: B&M Store, Exeter then to Sainsbury's for coffee/lunch/shop - £15
When: **Thurs 14th** - first pick-up time: 9:30am

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Where: Powderham then **Christmas lunch\*** at the Mount Pleasant - £15  
When: **Tues 19<sup>th</sup>** - first pick-up time: 09:30am

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Where: Coffee at the Pavilion then onto the Blue Ball for Lunch - £15
When: **Weds 20th** - first pick-up time: 9:30am



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Where: Kings for coffee followed by lunch at the Golden Lion, Tipton - £15  
When: **Thurs 21<sup>st</sup>** - first pick-up time: 09:30am

*\* In order for everyone to be able to attend a Christmas lunch, please only select one choice. You may however select a second choice and if numbers allow, you could go on a second Christmas lunch trip!*

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**** We now go to Marks & Spencer on the first Monday / Friday in the month – this is included in the same trip as Tesco's, so you will be going to both stores**



IT WOULD HELP US GREATLY IF YOU COULD KINDLY HAVE THE CORRECT MONEY FOR YOUR TRIP AS WE DON'T ALWAYS HAVE CHANGE TO GIVE OUT



Tel (01395) 26 66 62 www.exmouthringandride.org.uk

Timetable Oct to Dec 2023

OUR SERVICES; HEALTH & WELL BEING, RING & RIDE, COMMUNITY SERVICE; ARE FOR PEOPLE OF ALL AGES WHO ARE UNABLE TO ACCESS PUBLIC TRANSPORT, ARE RURALLY ISOLATED AND FOR THOSE WITH MOBILITY PROBLEMS

Covering:

Exmouth, Lypstone, Exton, Woodbury Salterton, Woodbury, Colaton Raleigh, Yettington, Otterton, Newton Poppleford, East Budleigh, Budleigh Salterton

For all bookings call (01395) 26 66 62

Office hours are

Monday to Friday 10am – 1:30pm

PRICES QUOTED ARE SOLELY FOR YOUR DOOR TO DOOR RETURN TRANSPORT